



Trip TWO – Paul Kelly aka Crash, FD’s Administrative Assistant, [Dated: April 18, 2012]

DAY FOUR Portland, OR. I have camped next to moving water every night this trip and last night was no exception. There really isn’t a better way to start the day than at the base of an awesome waterfall. Today was a little simpler than these previous had been trying to navigate the twisting bridges of Portland in an adventure tank. All I had to do today was go boating!



Squirrel and Skittles met up with me at the best coffee shop in Hood River, and from there we departed to the Klickitat River. After remembering how to adjust all of the gear, it was time to put on. Whether it be a class V torrent or a class II-III practice for beginners, I love the energy of a group anytime we are just starting out. There is a combination of nerves, smiles, and camaraderie knowing that everyone depends of each other to make it down safely.



I had never run this stretch of river, so I let the ladies be the guide this time. I must honestly say I was very impressed with their river-running skills. They styled everything. In fact the only thing we didn’t style today was remembering the keys to the car at the take out. Squirrel elected to show a little wet suit leg and catch a ride up the canyon with a nice old man. Skittles wanted a little more action, so the two of us continued down to the infamous Ishy Fishy Rapid. This was a solid class III rapid at the current water levels that pushed me around a bit. At the bottom, I turned around, half expecting/

preparing for a rescue, only to find Skittles floating right next to me as if she was taking a walk in the park. Shows what I know.



What a great day on the river with two new friends. It was awesome to see the enthusiasm these two had for FD and for life! I am getting more and more pumped for my Bryson City Camp coming up in a few short weeks!

Below is a photo from the Compass Oncology Vancouver stop from yesterday! Really enjoyed meeting with these lovely ladies! They were so excited to see FDmobile!

