

# ***FDX Italia – Castle Campo***

*June 16<sup>th</sup>–25<sup>th</sup>, 2017*

**13 SPOTS AVAILABLE**

**REGISTRATION OPEN NOW**

**FUNDRAISING GOAL: \$2,500**

**FUNDRAISING DUE: June 2<sup>nd</sup>, 2017 (no exceptions!)**



We couldn't be more thrilled to be taking the 2017 FDX season over to the Italian Alps! FDX Italia is an adventure designed to be athletically challenging, but more importantly as an opportunity to commune with nature and embrace new cultural experiences in a classic European settings. Take on a trip of a lifetime and join us on a 9-day adventure to the castles, mountains, and cultural gems of northern Italy! This FDX experience is shaping up to be a one of kind European descent that you won't want to miss!"

We are hoping to set a tone this year (and for years to come) for FDX where people can more clearly understand the dual nature of FDX. First and foremost these trips are part of our FDNA and reflect our culture of Out Living It! The adventure that began on an FD1 never has to stop there, whether it was the activity, the community, or the campfire that had the greatest impact ... Secondly, but of equal importance is the fact that FDX is also one very important way alumni can “pay it forward” to other AYA’s impacted by cancer. A contribution is built into every fundraising minimum for any and all FDXs.

## **FDX Italia Itinerary**

**Day 1:** Arrive at the Verona Villafranca Airport (VRN) between 3:00 - 4:00pm and meet up with the FDX Italia crew! From there you will travel as a group to beautiful Castle Campo where you will be based for the week. Move in, meet and greet, happy hour, and FDX welcome dinner!

**Day 2:** Rise and shine for breakfast and pack your bags for a day on the water! Travel to largest lake in Italy, Lake Garda, and hop aboard sailboats to spend the day learning to sail while taking in the surrounding Italian Alps. Then return to Castle Campo for a fun evening of dinner and drinks.

**Day 3:** Rise for an early breakfast and get ready for a day in the Dolomites! Spend the morning with a local outfitter learning to rock climb in the Italian Alps. In the afternoon, prepare yourself for a taste of Italy, as you will head back to Castle Campo for an authentic Italian cooking class! Followed by dinner and a campfire with the option to camp outside around the castle grounds.

**Day 4:** Rise and shine, grab your hiking shoes and head out for a scenic valley hike up and down to beautiful Lake Tenno. Spend the afternoon swimming, canoeing, and relaxing on the sandy shores of lake. Followed by dinner and a fun filled evening at Castle Campo.

**Day 5:** Wake up and travel by bus to the heart of the Dolomites to the scenic mountain lodge at Rifugio Pedrotti. Take on an amazing hike and embrace the true beauty of the Alps. Then kick up your feet on the deck of the mountain lodge and take in the breathtaking views of Italy from 8,000+ ft. Then spend the evening at Pedrotti Mountain Lodge and sleep amongst the clouds.

**Day 6:** Early morning breakfast in the mountains and head out for a once in a lifetime “Via Ferrata” hike in the Dolomites with an Italian world-class mountaineer. Gain unique perspectives from the Italian mountainside and

return to the Pedrotti mountain lodge in the evening for a delicious Italian feast for dinner.

**Day 7:** Rise and shine and embark on a gorgeous hike down from the Dolomites back to Castle Campo. Spend the afternoon relaxing and embracing the Italian way of life. Then enjoy an evening of dinner and drinks around the campfire.

**Day 8:** After a well-deserved morning sleep in at Castle Campo, partake in a day of health and wellness. Join in on a yoga class in the afternoon with an evening of activities and dinner to follow.

**Day 9:** Begins with an exploratory bike ride down to the local village for a taste of Italian culture. Then partake in a medieval scavenger hunt that will take you to new and exciting places around town. Participate in a delicious Italian wine tasting for those interested and then make your way back to Castle Campo for an evening of fun and the FDX final dinner.

**Day 10:** Rise and shine for a final breakfast and pack lunches to go. Followed by farewells to Italia and group goodbyes! Departure – we will all travel back to Verona to catch midday outbound flights back home.

### **What is included in this FDX:**

- All meals
- Transportation
- Lodging
- Itinerary activities

### **\*What's not included in the trip cost:**

- Your flight to and from Italy
- Adult Beverages
- Shopping purchases
- Optional gratuity for all activities and services