

# REFER PATIENTS



I WASN'T ALONE IN MY DIAGNOSIS ANYMORE. I REALIZED THAT WHEN I PUSHED MYSELF OUT OF MY COMFORT ZONE THAT BEAUTIFUL THINGS HAPPENED. I FOUND MY CANCER FAMILY. I FOUND HOME.

- FD Participant

## INCLUDE FD IN PATIENT CARE PLANNING

- Provide free, life-changing outdoor adventures for young adults (18-39) impacted by cancer
- Improve mental , physical, and emotional health of participants
- Build supportive peer networks and relationships

FIRSTDESCENTS.ORG | 720.226.9329  
JOHN.SCHEID@FIRSTDESCENTS.ORG

## REFERRAL PROCESS

Direct your patient to [www.firstdescents.org/programs](http://www.firstdescents.org/programs) and click "Apply Now" or call us at **303.945.2490**.

Any young adult diagnosed with cancer age 15 or older is eligible, but the participant must be 18 or older to attend. No prior outdoor adventure experience or skills are necessary!

## LOCATIONS

First Descents offers local, regional, and national programs. From single day indoor climbing workshops to week-long destination adventures, we have a program for everyone!

## COST

First Descents programs are **100% free to all participants!**



# DESIGN CUSTOM PROGRAMS



THESE PROGRAMS ARE AMAZING,  
& THESE ADVENTURES ARE ONE OF  
THE RARE PERKS IN AN OTHERWISE  
PERCEIVED PERK-LESS CANCER  
SCENARIO.

- Seattle Children's Hospital

## PARTNER WITH FIRST DESCENTS

- Create custom adventure programs for your adolescent and young adult (AYA) cancer patients
- Expand and enhance existing AYA offerings
- Collaborate on local fundraising opportunities



## FIRST DESCENTS INTEGRATED HEALTHCARE PARTNERSHIPS

provide an opportunity for young adults impacted by cancer to attend a First Descents experience in close proximity to their medical center. Our programs ensure individualized care, medical attention, and intimate experiences with other young adults impacted by cancer.

## ADVENTURES

Sponsor a group of 8-12 of your patients to experience a First Descents adventure within 2-3 hours of the partnering healthcare organization. First Descents coordinates all programmatic aspects, including staffing, equipment, and transportation. First Descents will also provide co-branded marketing materials and assist in identifying eligible participants.

FIRSTDESCENTS.ORG | 720.226.9329  
JOHN.SCHEID@FIRSTDESCENTS.ORG