

FAQ

FIRST DESCENTS



1. WHAT IS THE AGE RANGE FOR YOUR PROGRAMS?

To be eligible to participate in a First Descents program, you need to have been diagnosed with cancer at the age of 15 or older and be between the ages of 18-39. In an effort to support individuals diagnosed in their later young adult years, we extend our programmatic offerings up to age 45

2. WHAT IS THE MEDICAL SUPPORT SYSTEM FOR PARTICIPANTS AT A PROGRAM?

We have a trained medical professional at each of our programs, as well as emergency response plans in place. We also operate programming in close proximity to the local medical center.

3. DO PARTICIPANTS HAVE TO KNOW HOW TO CLIMB/SURF/KAYAK

There is no experience necessary for any of our programs! We work with extremely experienced outfitters at all of our locations, and ensure top of the line instruction and safety at all times.

4. CAN PARTICIPANTS STILL BE IN TREATMENT?

Yes! We have plenty of participants who are still undergoing treatment. We ask that all of our participants go through a medical review by their physician, and submit all proper forms before we accept them to a program.

5. IS TRAVEL COVERED?

Participants are asked to pay for their own travel although scholarship opportunities exist.

6. HOW MANY OTHER PARTICIPANTS WILL BE AT THE PROGRAM?

Our programs are capped between 12 and 15 participants to ensure the very best multiday or week-long experience.

