

FIRST DESCENTS



STRATEGIC PRIORITIES



Expand Programs

FD will expand programs to improve survivorship and quality of life while exploring new programs for other affected populations.



Build Community

FD will strengthen local adventure communities and nurture supportive peer relationships that provide ongoing healing.



Prescribe Adventure

FD will expand its network of healthcare professionals to reach more young adults earlier in the treatment process.

OUR REACH

10,000+

PARTICIPANTS SERVED

2,000+

PARTICIPANTS ANNUALLY

150+

PROGRAMS ANNUALLY

500+

HOSPITAL PARTNERSHIPS

OUR IMPACT

100%

OF PARTICIPANTS REPORTED INCREASED ABILITY TO COPE WITH CANCER AND ITS EFFECTS

81%

REPORTED INCREASED SELF-EFFICACY

61%

REPORTED INCREASED SOCIAL SUPPORT

59%

DECREASE IN EPISODES OF DEPRESSION

MEDIA

CONTACT FIRST DESCENTS: INFO@FIRSTDESCENTS.ORG | 303.945.2490

FIRST DESCENTS PROVIDES LIFE-CHANGING OUTDOOR ADVENTURES FOR YOUNG ADULTS (AGES 18 - 39) IMPACTED BY CANCER AND OTHER SERIOUS HEALTH CONDITIONS.