

FAQ

FIRST DESCENTS



FIRST DESCENTS PROGRAMS FAQ

1. HOW MUCH DOES IT COST?

First Descents (FD) programs are free of cost for adolescents and young adults impacted by cancer and multiple sclerosis, and healthcare workers. Additionally, we provide travel scholarships to individuals who cannot afford transportation to our program locations.

2. WHAT IS THE AGE RANGE FOR YOUR PROGRAMS?

First Descents programs are designed for young adults impacted by cancer and other serious health conditions, as well as young adult healthcare workers. In order to be eligible to attend a program, you must be diagnosed between the ages of 15-39 and be between the ages of 18-45.

3. WHAT IS THE MEDICAL SUPPORT SYSTEM FOR PARTICIPANTS AT A PROGRAM?

We have a trained medical professional at every program in addition to emergency response plans specifically tailored to program locations.

4. IS EXPERIENCE NECESSARY?

No, participants do not require any previous experience with our activities! We work with extremely experienced outfitters to ensure expert instruction and adaptive programming.

5. HOW MANY OTHER PARTICIPANTS WILL BE AT THE PROGRAM?

Our programs are capped between 12 and 15 participants to promote individual attention and connectivity.

For more information, or to sign up for a program, visit:

firstdescents.org/joinus

or contact: programs@firstdescents.org

