

T W E N T Y T W E N T Y

2020

F I R S T D E S C E N T S

ANNUAL REPORT



**FIRST DESCENTS
PROVIDES
LIFE-CHANGING
OUTDOOR ADVENTURES
FOR YOUNG
ADULTS (AGES 18-39)
IMPACTED
BY CANCER AND OTHER
SERIOUS HEALTH
CONDITIONS.**



EXECUTIVE DIRECTOR LETTER



First Descents kicked off 2020 with the promise of celebrating a huge milestone in the organization's history: our 20th anniversary. We were in the midst of launching our biggest program season to date, planning a celebratory Out Living It Festival, and honoring the thousands of young adults who have included us in their healing. Then, the world was hit with a global crisis that we continue to feel the impacts of today. As we made the necessary decision to cancel all scheduled programs and events, we looked for new ways to be of service to our community. While this year was certainly one of the most difficult on record, it has also been a powerful reminder of the grace, grit and gratitude our participants have always shown.

The COVID-19 pandemic presented us with a unique opportunity to serve a population that has long supported the mission of First Descents. Together, we all watched as healthcare workers took on the fight of their lives. In response, we launched Hero Recharge, a nationwide series of free outdoor adventures for frontline healthcare workers, in partnership with The Dunkin Joy in Childhood Foundation. With over 10,000 inquiries received in a matter of weeks, the need for respite and renewal was clear. Even more apparent was the toll the pandemic was taking on provider mental health, with over 50% of healthcare workers reporting symptoms of depression, anxiety, and insomnia. In 2020, First Descents delivered 13 programs to serve 178 frontline workers from some of the hardest hit regions of the country, once again highlighting the potential for adventure to help heal.

Meanwhile, our Oncology and MS communities continued to stoke the flames that keep the First Descents fire burning bright. Before canceling in-person activities, we provided 30 Oncology and MS programs, providing 273 participant experiences in wild places from Patagonia, Argentina to Crested Butte, Colorado. Beginning in April, we convened for more than 20 virtual programs and monthly meetups, partnered with Lov Yoga on a 9-week yoga series that engaged over 24,500 community members, planned future Out Living It Project adventures, and shared powerful stories of connection and healing while we awaited a brighter horizon. Over this year, we witnessed our participants tap into a community that reminds them every single day they are Out Living It, whether we're together in person or not. It's been inspiring to say the least.

Moreover, the courageous members of our community remind us that in every crisis there is an opportunity to bring about profound personal growth and change. As is the case with our organization... The circumstances of the pandemic and the growing undercurrent of social unrest have amplified the pervasive issues of systemic inequality. And while First Descents has had a long-standing commitment to justice, equity, diversity and inclusion (JEDI), we're just getting started on this much longer journey. To join us, and help guide our efforts, we established our JEDI Advisory Council, composed of diverse business leaders, educators, and advocates dedicated to building and maintaining an inclusive FD community and mitigating barriers to entry in healthcare and the outdoors.

2020 has been the ultimate first descent, full of rapids we've never encountered before. Together, we are braving it with optimism, support and a spirit for adventure. I have never felt more moved by the resilience of this community, nor more confident in the promise of more healing adventures in our future.

Thank you for your continued friendship and support. Here's to calmer waters and Out Living It together again before long.

- Ryan O'Donoghue, CEO

BUILT FOR IMPACT

When COVID-19 hit Denver in late March, causing the near-term cancellation of core First Descents (FD) programs and events, and a pivot to full-time HQ staff working remotely, FD began to assess the opportunities available to leverage infrastructure and skilled staff to temporarily support front-line crisis relief efforts. In partnership with the Wend Collective, FD was able to effectively dedicate sufficient time and resources to service-driven COVID-19 relief efforts in our local communities. Over a month long period, seven full-time First Descents staff volunteered their time to serving thousands of people in our local community.

“Volunteering has quickly become the thing I most look forward to in my week. It’s difficult to feel like our actions are meaningful during these times, and contributing to my community helps me find that feeling.”

- FD Staff Member

“The biggest takeaway...is that The Action Center and the incredible people who work there are providing essential services that help thousands of people in need survive this pandemic and hold onto some sense of normalcy in these uncertain times. During our month volunteering at The Action Center, we’ve helped serve over 1,640 households through their drive-up food distribution program. I feel honored to have had the chance to be a part of that.”

- FD Staff Member

5

NONPROFITS SERVED INCLUDING THE
ACTION CENTER, DENVER METRO
EMERGENCY FOOD NETWORK, DENVER
DELIVERY NETWORK, SAME CAFE, AND
METRO CARING

765

TOTAL VOLUNTEER HOURS

ALUMNI SPOTLIGHT

A L U M N I S P O T L I G H T



Nursing always felt natural to me. It challenged me mentally, allowed me to connect with others, and taught me to work as a team. I never expected that the things I loved about nursing would be thrown at me sideways in a global pandemic.

Working in the COVID-19 ICU forced all of us to adapt to the challenges of an unknown disease to provide nursing care under chaotic, unforeseen conditions. Connecting with patients became more difficult under the layers of PPE. Not to mention the fear of putting your own health at risk every time you stepped into a COVID-19 patient's room. Facing the unknown trajectory of a disease bonded those of us in COVID-19 care units in ways we never imagined.

On top of it all, during this time I was receiving updates about my uncle who was hospitalized for COVID and ultimately passed away in the first month of the pandemic. Each night I showed up to care for my patients alongside my coworkers, while coming to terms with the loss of a family member in the most difficult months of my nursing career yet.

With quarantine and lockdown measures in effect, we were left to deal with the trauma of each day mostly on our own.

But in August 2020, I came across First Descents who offered me a way to get back outside and safely connect with others on the frontlines in Colorado. Getting outside to breathe the fresh mountain air is the best reminder of just how lucky I am to be healthy in the middle of a pandemic. The Hero Recharge Program not only let me explore the Colorado outdoors in new ways through rock climbing and mountain biking, but it allowed me to start processing the emotions I suppressed while working on the COVID-19 frontlines. Connecting with other frontline workers was an invaluable experience but it felt even more impactful to process and heal together while we explored the Rocky Mountains. First Descents provided an outlet for healthcare workers to begin the process of healing ourselves from a trauma we couldn't acknowledge while working on the frontlines.

As a night shift nurse, each morning in the hospital I look forward to the sunrise. It's a way to connect to nature in a small way while in the confines of a hospital. Taking the pandemic one day at a time has made the past year feel like ten, and still it continues. The healthcare community is beginning to resign ourselves to the fact that COVID-19 will be around longer than any two week quarantine initially predicted. This year, we've seen and experienced more heartbreak, loss, isolation, confusion, and separation than we expected to see in a lifetime. While First Descents provided me a place to begin my healing journey, it isn't over yet.

To support healthcare workers, reach out and offer information about programs like First Descents. Meet a healthcare worker where they're at and remind them that getting outside to experience the fresh air can turn a whole day around. Together, we're all just trying to make it one day at a time.

Shannon "Soundwave" Basara, First Descents Hero Recharge Participant

ALUMNI SPOTLIGHT

“In 2020, our team, like many of you, watched as healthcare workers took on the most challenging fight of their lives and experienced unprecedented rates of anxiety, depression, insomnia, and more. That’s why we felt called to partner with First Descents and support our healthcare heroes. Together, we launched HERO RECHARGE, a nationwide series of free outdoor adventure programs for healthcare workers on the COVID-19 frontlines, made possible by a \$200,000 grant from the Dunkin’ Joy in Childhood Foundation.”

- Dunkin’ Joy in Childhood Foundation

SPOTLIGHT

D O N O R S P O T L I G H T

This past year has been difficult for many, but few communities have been more affected than the frontline healthcare workers tirelessly, day after day, caring for us all. That’s why we at the Dunkin’ Joy In Childhood Foundation are deeply committed to supporting healthcare workers through the COVID-19 pandemic.

At the Foundation, our mission is focused on bringing joy and creating impactful change at the local level. In 2020, our team, like many of you, watched as healthcare workers took on the most challenging fight of their lives and experienced unprecedented rates of anxiety, depression, insomnia, and more. That’s why we felt called to partner with First Descents and support our healthcare heroes. Together, we launched HERO RECHARGE, a nationwide series of free outdoor adventure programs for healthcare workers on the COVID-19 frontlines, made possible by a \$200,000 grant from the Dunkin’ Joy in Childhood Foundation.

Through HERO RECHARGE, First Descents was able to provide healing adventures to 178 participants across 13 programs from 6 of the hardest hit regions in the country. We’re honored to continue serving future participants in the year ahead through our grant, and we’ve seen the impact of these programs from participants that continue to affirm the need for these programs. Most inspiring was receiving notes like this:

“I felt a renewed sense of purpose in my work after coming home from FD. I felt more relaxed and ready to take on the day than I had before. I did not realize how tired I was of doing the same thing every day for nearly a year.”

- First Descents HERO RECHARGE Participant

First Descents is proving that adventure and time spent connecting with your peers is healing for everyone. We are proud to support their mission to bring the healing power of adventure to those in need.

- Dunkin’ Joy In Childhood Foundation



DONOR SPOTLIGHT

PROBLEM

Cancer is the leading disease-related cause of death in adolescents and young adults (AYAs).

MS is the most common neuroinflammatory disease affecting young adults.

Cancer, MS, and all serious health conditions present unique challenges and obstacles to young adults.

OBSTACLES

✗ 80,000+ adolescents & young adults are diagnosed with cancer each year

✗ Minimal peer support

✗ Rare and aggressive tumor biology

✗ Lack of participation in clinical trials

✗ Disrupts normative milestones of adulthood

✗ Higher rate of depression and psychosocial distress in young adults impacted by MS and cancer

FD PROGRAM OUTCOMES

100%

OF PARTICIPANTS REPORTED INCREASED ABILITY TO COPE WITH CANCER AND ITS EFFECTS

81%

REPORTED INCREASED SELF-EFFICACY

99%

OF PARTICIPANTS WANT TO STAY INVOLVED

17% ↓ TO 7%

PARTICIPANTS WHO REPORTED FEELING DEPRESSED BEFORE AND AFTER FIRST DESCENTS

[LEARN MORE](#)



WHY IT WORKS?

HERO RECHARGE

In 2020, the world watched as doctors, nurses, and first responders addressed the most devastating health crisis of our generation experiencing increased rates of trauma, anxiety, stress, and isolation. In response to the COVID-19 pandemic, First Descents launched Hero Recharge, a nationwide series of outdoor adventure programs for frontline healthcare workers, in partnership with the Dunkin' Joy In Childhood Foundation. Hero Recharge Programs are designed to improve mental health, nurture supportive peer relationships, and better position providers to carry out their important work.

“One thing this pandemic has taught me is that when things get tough there’s power in people rallying behind the same common struggle. My FD experience reminded me of that. I connected with people I probably never would’ve been friends with in real life but we had a shared common experience of dealing with this pandemic we healthcare workers and we all connected behind that. I feel rejuvenated and more equipped to interact with people on a daily basis”

- FD Hero Recharge Participant



13
HERO RECHARGE PROGRAMS RUN IN 2020

178
PARTICIPANTS SERVED

6
OF THE HARDEST HIT AREAS SERVED

PROGRAM IMPACT

76%

OF PARTICIPANTS REPORTED THAT THEIR STRESS AND ANXIETY HAS DECREASED AS A RESULT OF THE PROGRAM.

94%

REPORTED FEELING MORE CONNECTED TO THE HEALTHCARE COMMUNITY.

99%

INDICATED THEY WOULD RECOMMEND FIRST DESCENTS TO A FELLOW HEALTHCARE PROFESSIONAL.





Expand Programs

With more than 640,000 young adult cancer survivors living in the U.S., First Descents (FD) will expand programs to improve survivorship and quality of life. Further, FD will explore and develop programs for young adults coping with other health conditions.



Build Community

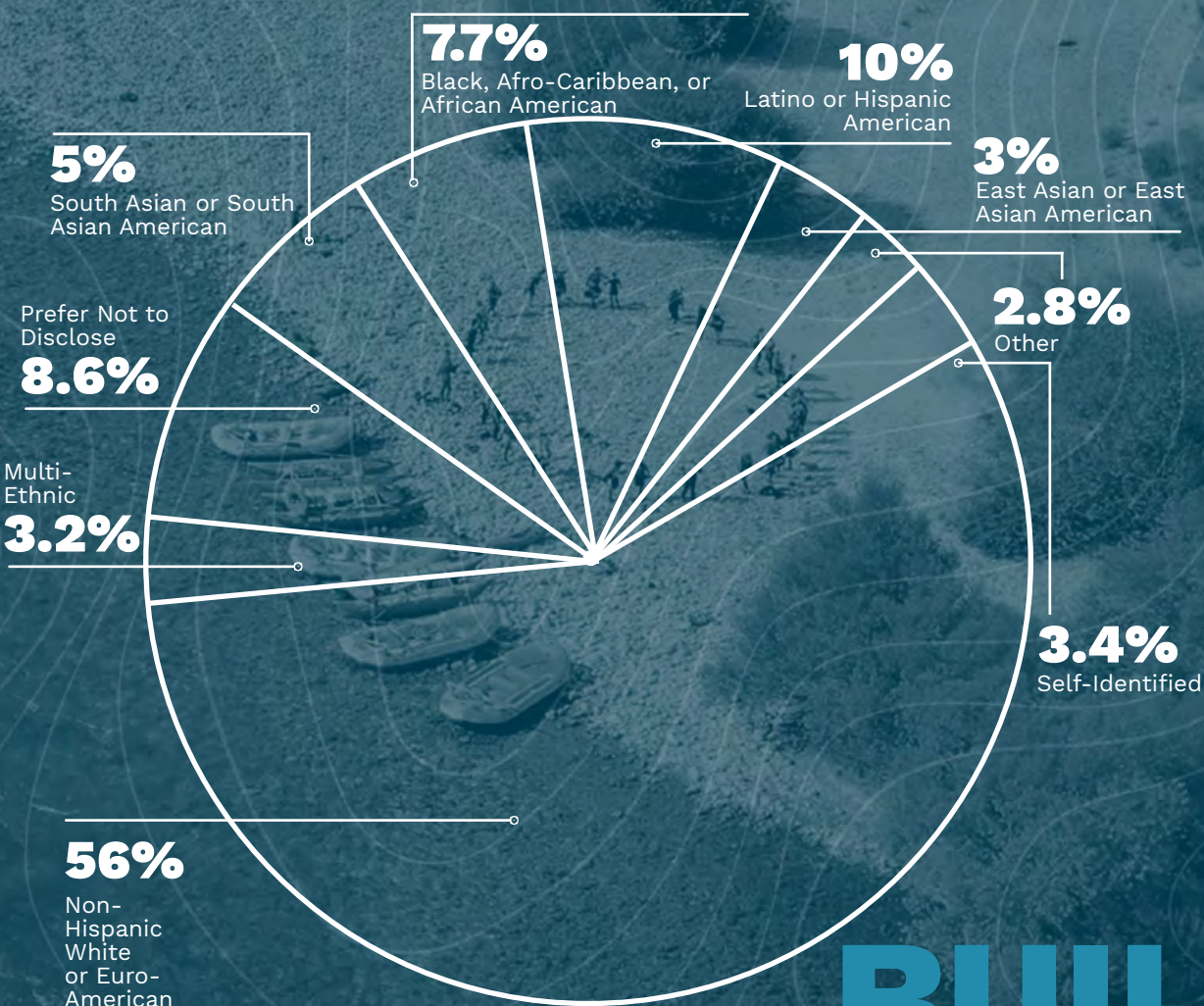
Young adults coping with health conditions often experience feelings of isolation and alienation. FD will strengthen local adventure communities and nurture supportive peer relationships that provide ongoing healing.



Prescribe Adventure

Hospitals often lack age-appropriate psychosocial survivorship programs for young adults. FD will build upon its network of healthcare professionals to reach more young adults earlier in the treatment process.

In 2020, First Descents continued working to reach those traditionally underserved within the young adult oncology and MS communities during a global pandemic, while we concurrently launched programs for healthcare workers on the COVID-19 frontlines. The chart below highlights the ethnic background of 2,578 participant inquiries from 2020, which represents First Descents' most diverse participant base to date.



In 2020, First Descents assembled a diverse group of business leaders, educators, and advocates to further support our commitment to justice, equity, diversity and inclusion (JEDI). The JEDI Advisory Council's major function is to share knowledge while helping to assess and improve FD's JEDI policies in the workplace and the communities we serve. At the same time, First Descents continued our commitment to JEDI, including the following milestones:

Revised data collection, surveys, and measurement and evaluation processes to inform future strategy, with the goal of increasing program inclusivity.

Expanded the Out Living It Project and introduced Virtual Programming during the pandemic to lower barriers to entry for participants and support communities who were disproportionately impacted by the pandemic.

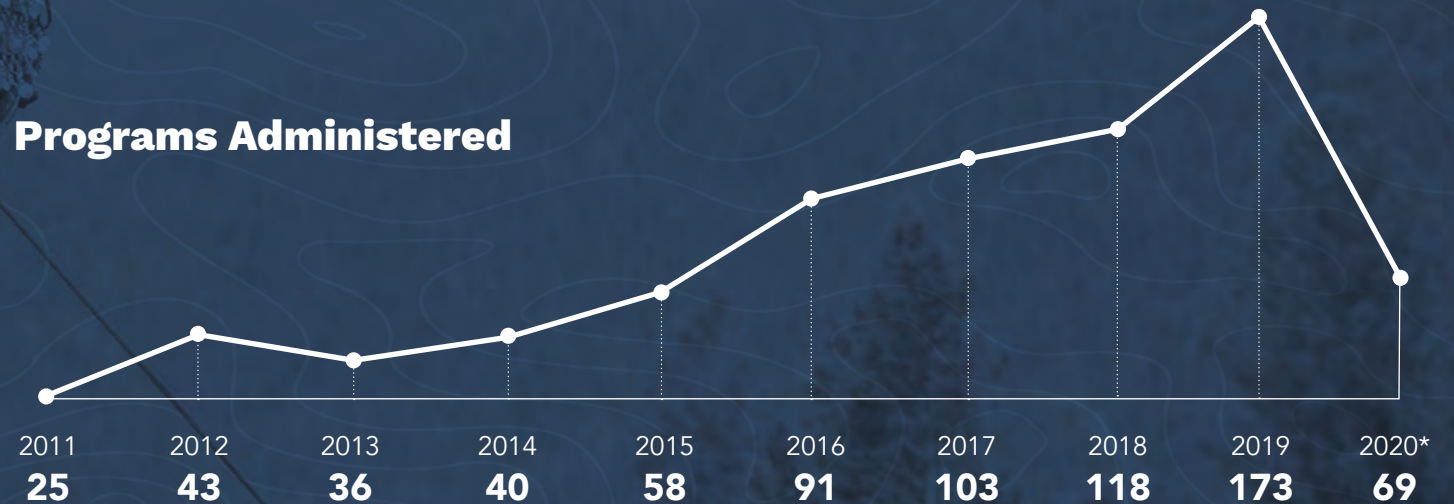
We launched Hero Recharge, a nationwide series of programs for healthcare workers, which increased self-reported ethnic diversity amongst participants by more than 16% as compared to 2019, representing the most diverse participant base in FD's 20-year history.

OUR GROWING IMPACT

Experiences Provided



Programs Administered



*As a result of COVID-19, First Descents suspended 85% of in-person oncology and multiple sclerosis programming. Originally, First Descents planned to provide 2,000 outdoor experiences across 220 programs nationwide. 2020 numbers also represent 178 healthcare workers served across 13 Hero Recharge programs.



NUTRITION

“Eating and sharing healthy meals has become a cornerstone of FD programs. Our ultimate goal is to educate and to inspire healthy eating to improve health outcomes. On programs, professionally trained chefs prepare healthy meals, focused on fresh whole foods so that everyone is nourished, energized and able to make the most of their program experience and beyond. For us, this is an opportunity to share the healing power of food and have participants observe how this affects their bodies.”

Mia “Veggetti” Lewis, FD Chef Manager

At First Descents, we do not promote any singular “diet”. Our menus emphasize delicious and satisfying ways to get more plants to the center of the plate, including a variety of vegetables, fruits, whole grains, beans, legumes, nuts and seeds. We also include quality organic animal protein as an option.

To lower participant risk and limit travel at 2020 Programs, First Descents partnered with local caterers and restaurants to prepare all meals for our participants providing a unique opportunity to contribute to local economies in the regions we host programs.

31

FD CHEFS & LOCAL CATERING PARTNERS

\$9,219

INVESTED INTO THE LOCAL ECONOMY
THROUGH 2020 PROGRAM CATERING

NUTRITION

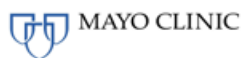
First Descents partners with medical centers and healthcare organizations nationwide to provide opportunities for young adult patients, caregivers and providers to attend our outdoor programs. Through the Prescribe Adventure campaign, FD engages healthcare partners and equips them with the resources they need to empower young adults to connect with their peers through community and adventure. Research shows that our programming improves psychosocial outcomes including body image, self compassion and self esteem, as well as reduced alienation, depression, and fatigue among FD participants. In 2021, First Descents will also partner with the National Institutes of Health (NIH) to study the impacts of FD Programming on stress, burnout and fatigue in frontline healthcare workers during the COVID-19 pandemic. Below are just a few of the incredible medical centers and organizations with whom we partner to Prescribe Adventure.

850+

HEALTHCARE PROFESSIONALS ENGAGED
THROUGH PRESCRIBE ADVENTURE

450+

MEDICAL CENTERS AND HEALTHCARE
ORGANIZATIONS REFERRING PATIENTS



PRESCRIBE ADVENTURE

In 2020, First Descents launched the Out Living It Project Adventure Creation Platform to provide support and resources to allow the FD community to safely plan adventures on their own! While many of our Core Programs and OLIP Team Events were postponed due to COVID-19, First Descents created the Adventure Creation Platform to empower participants to gather their FD Community and take Out Living It into their own hands. Through OLIP Adventure Creation, participants gain access to resources like training plans, vetted outfitters, lodging info and other exclusive FD deals in addition to hands on planning support from our team.

Starting the OLIP Adventure Creation platform has been exciting as we've been able to give program alumni individualized support in a number of ways. Whether it's gear advice, logistics support, training plans or simply pointing them to a vetted outfitter - it's been incredible to see how our community has been empowered to take on new adventures, push their limits, and continue their 'Out Living It' journey!



- Andrew Coulter
Out Living It Project Manager

IT PROJECT

The **Out Living It Project (OLIP)** is where adventure, creativity, and philanthropy collide. Designed to support the FD community as they plan their own local adventures with fellow young adults impacted by cancer and MS, fundraise for First Descents, or join a Team FD race or event, the goal of the Out Living It Project is to empower our community to embrace a life of adventure.

Due to the COVID-19 pandemic, the majority of our OLIP Team Events and FDX International Programs were cancelled resulting in decreased fundraising for the year. To date, The Out Living It Project Give Back Adventures have raised \$5.73M across 8,193 projects with 25,013 supporters.

\$286,457

RAISED
SINCE 2001

2,367

SUPPORTERS

238

PROJECTS

[LEARN MORE](#)

OUT LIVING IT PROJECT



Board of Directors

Founder Brad “Man Salmon” Ludden

Chairperson Brent “Sunday” Goldstein

Vice-Chair and Secretary Debbie “Zipper” King Ford

Treasurer Michael “Volcano” Kantor

Medical Director Larry “Larry Boy” Smith

Josh “Bear” Behr

Alix “Snooki” Berglund

Brad “Uncle B” Reiss

Dr. Brandon Hayes-Lattin

Jeremy Shevlin

Joel “Fuji” Appel

Kammi “FM” Reiss

Kip “Wombat” Cross

Tanum “UniKitty” Davis Bohen

Honorary Director Brad “Uncle B” Reiss

Director, In Memoriam Rochelle “Hefty” Shoretz

Staff

Founder Brad “Man Salmon” Ludden

Executive Director Ryan “Wolf” O’Donoghue

Chief of Staff Melissa “Master Splinter” Markle

Director of Programs Mackenzie “Spudz” McGrath

Senior Programs Manager Paul “Crash” Kelly

Program Manager Brooke “Noodles” Barry

Program Manager Alex “Peaches” Krahn

Program Coordinator Riley “Chum” Schumm

Program Coordinator Kate “Lil Mo” Medici

Program Coordinator Angelina “Katniss” Mangiardi

Program Coordinator Jason “Buck” Eshleman

Director of Advancement Ray “Fridge” Shedd

Senior Marketing Manager Becca “Turtle” Rohrer

Marketing Coordinator Anna “006” Kenyon

Development Officer Emma “Piano Pat” Burick

Development Coordinator Andrew “Tops” Coulter

Healthcare Partnerships & Recruitment Manager John “Fever Dog” Scheid

Director of Finance and Operations Adam “Toby” Schuster

Global Experience Developer Willie “Sweet D” Kern

In 2020, our generous community generated more than \$5.36 million representing a banner fundraising year.

In recognition of our financial transparency, Guidestar awarded FD with its coveted platinum ranking.

For full financials, please visit www.firstdescents.org/financials

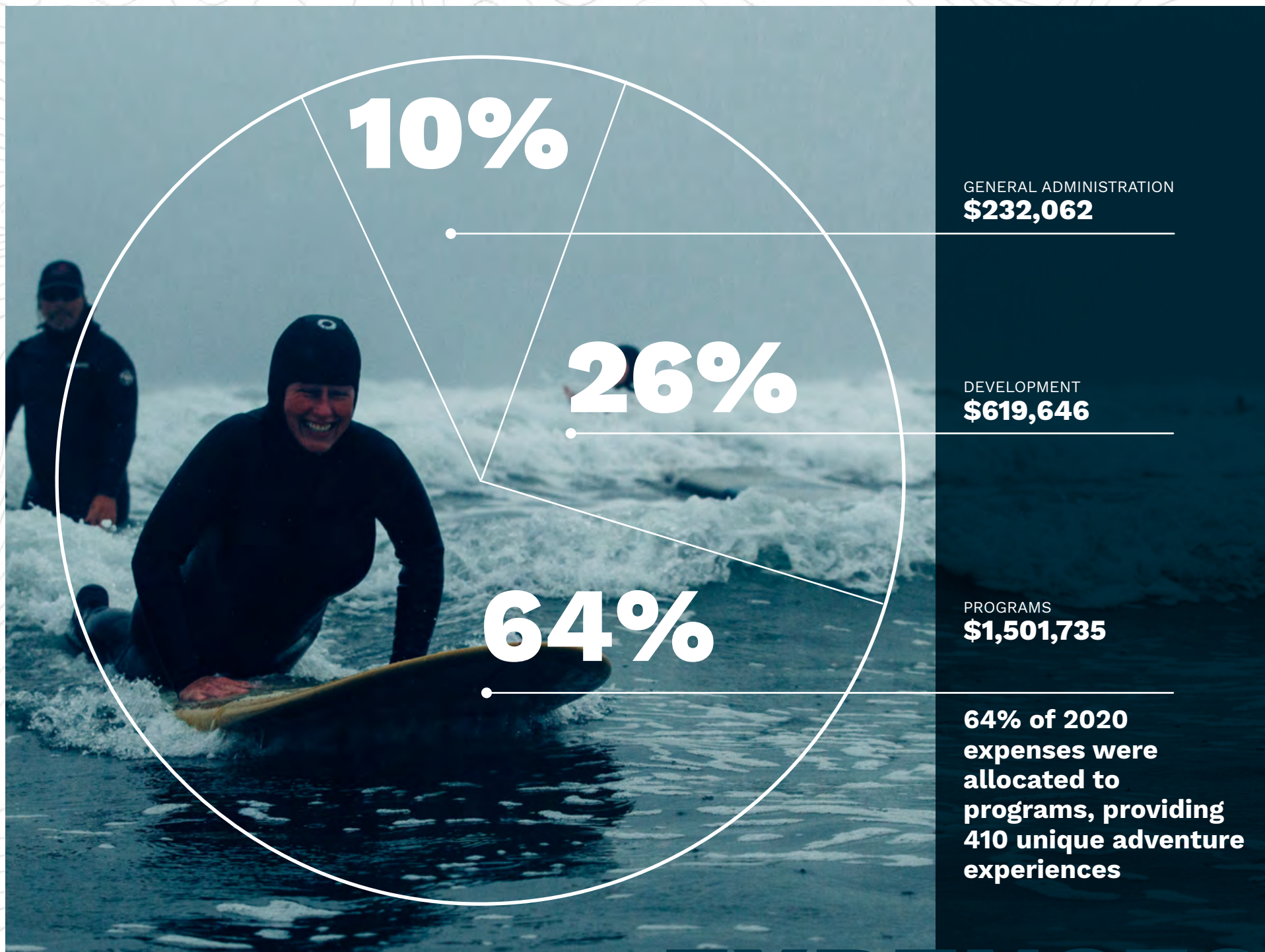


TOTAL REVENUE
\$5,362,098

GRANTS + CONTRIBUTIONS
\$5,145,442

IN-KIND CONTRIBUTIONS
\$178,259

OTHER
\$38,396



For full financials, please visit www.firstdescents.org/financials



Always Keep Pedaling Foundation

Amy Lin

Anonymous

Brent & Lisa Goldstein

Cathleen Robinson

Chad McWhinney

Debbie King Ford & Rob Ford

Eva Ho

Grady Durham

James & Crystal Dean

Jennifer Feikin

Jeremy & Sandra Shevlin

Joel & Tiffany Appel

Josh & Jennifer Behr

Katherin & Doug Milham

Katie & Tom Morgan

Kip Cross & Jessica Martin

Kirk MacKenzie

Michael & Mia Kantor

Michael & Violet Gross

Mindy Boyum

Nancy Oaks

Prather's Market

Rich & Diane Easton

Rise Above It

Wacky Warriors



Anna "Snoop" Noland

Ben & Julie Wright

Brad Ludden

Brent & Lisa Goldstein

Greg McFadden

Gutkin Family

James & Crystal Dean

Jamie "Alpha" Stec

Jason & Laura Minard

Jennifer "Galaxy Girl" Jackson

John Ourisman

Kelly Hoffman

Lois & James Benfield

Paul Fraynd & Katie "Emoji" Doble

Paul Johnson

Susan Doran

Theresa Wilson

Timothy Sheets

Travis Stover

Will "Stand Up" Flanary

Zach Calkins



Chad McWhinney

Joel & Tiffany Appel

Kirk Mackenize

Sandy & Joe Samberg

Rise Above It



Alix & Hans Berglund

Brent & Lisa Goldstein

Jennifer Mills

Kevin & Whitney Zimmerman

Mark & Marshall Stockseth

Nancy & Rob Samit

Penni Thow

Rita Lamoureux

Sandy & Joe Samberg

Shine Foundation

Wacky Warriors

\$100,000 +

Anonymous
 Genentech
 Gilead Kite Pharma
 Joy in Childhood Foundation
 Michael & Violet Gross
 Omaze
 VF Foundation
 Wend II, Inc.

\$50,000 — \$99,999

BasePoint Foundation
 Chad McWhinney
 Joel & Tiffany Appel
 Kirk MacKenzie
 Sandy and Joe Samberg
 The Offield Family Foundation

\$25,000 — \$49,999

Anahata Foundation
 Anonymous
 Anonymous
 Daiichi Sankyo Inc.
 EMD Serono
 Grady & Lori Durham
 Jon & Mindy Gray Family Foundation
 Kimbal & Christiana Musk
 Pete Rive & Natasha Dvorak
 Scott Lynes
 Tanum Davis & Sean Bohon
 The Beacon Fund, LLC
 The Char and Chuck Fowler Family

Foundation
 The Tappan Easton Foundation
 Tom & Angela Civik
 Wacky Warriors

\$10,000 — \$24,999

Anonymous
 Antonio & Sabrina Gracias
 BBVA Compass
 Billy Horschel
 Brent & Lisa Goldstein
 Cathleen Robinson
 Chuck Ludden
 Foundation Medicine, Inc.
 Jim Berger
 Jose Perez
 Kathleen MacKenzie
 Ken deLaski
 Mark & Marshall Stockseth
 Mellam Family Foundation
 Michael & Mia Kantor
 Nancy Oaks
 Penni Thow
 RK Foundation
 Rod & Linda Gray
 Samit Family Foundation
 Seattle Genetics
 Servier Pharmaceuticals LLC
 Shawn and Richard Tomasello
 Shine Foundation
 Soul Ryeders Foundation
 Takeda Pharmaceuticals

The Behr Team
 The Precourt Foundation
 Triford Foundation

\$5,000 — \$9,999

Amy Lin
 Anonymous
 Barbara McCafferty Family Foundation
 Brandon Hayes-Lattin
 Charles River Apparel
 Christman-Horvath Foundation
 Clif Bar Family Foundation
 Donald S. Sias Fund
 Emmett Foundation
 Epperson Family Foundation
 Five Prime Therapeutics
 Gary & Christine Muskett
 Gary Rohr
 Hans & Alix Berglund
 Jack & Amanda Rohr
 Jean DiNatale
 Jennifer Mills
 Jeremy & Sandra Shevlin
 Joel Heath
 Katherin & Doug Milham
 Katie Morgan
 Kevin & Elizabeth Keating
 Kim Metcalf
 Kip Cross & Jessica Martin
 LBD Foundation
 Lyndon Rive
 Mackenzie McGrath
 mAss Kickers Foundation
 Medidata Solutions
 Mike Arzt
 Rich Byrne
 Russell & Sara Hirsch
 Tim & Diane Parks
 University of Victoria Student Societ
 Vail Valley Surgery Center, LLC
 Vicki Gross & Jonathan Levine
 William Newton Jr. and Anne French
 Charitable Lead Annuity Trust
 Yeti Cycles
 Howard Postal
 Epperson Family Foundation
 The Howard Family Fund
 Thomas Oldre
 COGO Labs, INC
 Fifth Generation Inc.
 Guaranty Bank and Trust Company
 Beverage Distributors Company, LLC
 The Kane Family
 Community Foundation Boulder County
 Emmett Foundation
 James and Carolyn Brett Charitable
 Foundation

\$2,500 — \$4,999

Allen Lund Company
 Ben & Shirley Eisler
 Breckenridge Brewery
 Bryan McKenzie
 Chris Andrews
 Doris Cordova
 E.H. and M.E. Bowerman Advised Fund
 Fairplay Markets LLC
 Frank Phillips
 Harmon Foundation, Inc.
 James & Crystal Dean
 James & Lois Benfield
 James Berger
 Jeffrey and Sara Biskup
 Jeffrey Hoffman
 Jennifer Toll
 Jenny & Greg Baldwin
 Julie Uspal
 Katherine Estes Rogers Foundation
 Kathy Elsesser
 Kristin L. Gardner Foundation
 Kurtz Fargo
 Launch Pad LLC
 Marc & Carel Slatkoff
 Michael & Karen Standish
 Monarch Mountain Investment Group
 Nancy E. Barton Foundation
 Patrick Currie
 Peer Assistance Services, Inc.
 Renee Noland

Terry McNamara
 The Omidyar Group
 TransRockies Race Series
 Trevor Stern
 Von Jones
 Waldron Charitable Fund

\$1,000 — \$2,499

ACV Auctions
 Allen Martin
 Ashley Whitaker
 Bailey Family Foundation
 Barr Engineering Co.
 Barry & Marilyn Goodman
 Bill & Melinda Gates Foundation
 Bill & Sarah Ross
 Bob and Kim Hammer
 Bruce & Ellen Winston
 Bryan Mattson
 Cathy Edson
 Chahel Investments Inc
 Charles Gravely
 Charles Johnson
 Charlotte & Chuck Fowler
 Christopher Becker
 Christopher Watson
 Daniel Kaufman
 Dave Cole
 David Denaci
 David Magstadt
 David Turnbull

David Weaver
 Debbie Gray
 Diana Price Fish Fund
 Dick & Jimmie Ruth Evans
 Dorothy Williams
 Doug & Katherine Milham
 Drew Fink & Daniela Uribe
 Ellen Sinkinson
 Emma Griffith
 Eric Fretz
 Fifty-Nine 22 MLK
 Greg Baldwin
 Gregory Basara
 Gretchen Yengst
 H.C George Wong
 Hannah Kroll
 Harold & Marilyn Melcher Foundation
 Haymakers For Hope, Inc.
 Helene & Andrew Glick
 HMP Communications, LLC
 Iscella Macias
 James and Carolyn Brett
 James Becker
 Jan Serota
 Jason & Mary Minard
 Jennifer Jackson & Kristopher Cumbermack
 Joan & Gene Walsh
 John & Liz Ridyard
 John McMahon
 John Ourisman
 Jon Henrichsen

Jonathan Georger
 Jonathan Leehr
 Justin Bruns
 Karen Chakmakian
 Katherine Venti
 Kathleen Deegan
 Katie Ibara
 Kelley Bogle Peace
 Kerry Siggins
 Kevin Connors
 Kim Veber
 Laura Bacon
 Lawrence & Kimberly Weinberg
 Lee Lee
 Lezley F. Blair
 Lisa Ihm
 Margot Badenhausen
 Marian Dines
 Marianne Keating
 Marilyn & Barry Goodman
 Mark Fishman
 Mark Kogod
 Mark Rees
 Marnie & Michael Otte
 Mary Caroline Clark
 Mary Mayo
 Mattison Family Charitable Fund
 Mechanicsburg Police Department
 Megan Hines
 Melanie Andreetta
 Melissa Garcia
 Melissa Lawrence & Shawn Madden

Melissa Peters

Michael & Suzanne Frame

Nance Frost

Neil & Marcy Cohen

Optiver US LLC

Patricia Kritek

Patricia Spencer

Peggy Badenhausen

Pete McBride

Rafi Nova

Rick Schoen

Robert & Carol Burman

Robert E Keith Jr

Robert Heidkamp

Rosemary Olson

Ryan Kelley

Ryan Long

Scott & Kris Morledge

Scott and Amy Brody

Scott Beardsley

Scott Suter

Sean Glynn

Stephen Huskins

Stephen Marano

Stephen Papermaster

Steve Hefferon

Steven & Gail Shak

Suzy, Nancy & Carol Minkoff

Tara Galagarza

The Phillips-Green Foundation, Inc.

Thomas B Voelkel

Tianne Tran

Valerie London

Walmart Foundation

William O'Connor

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@firstdescents
#OutLivingIt

