MISSION

FIRST DESCENTS PROVIDES LIFE-CHANGING OUTDOOR ADVENTURES FOR YOUNG ADULTS (AGES 18-39) IMPACTED BY CANCER AND OTHER SERIOUS HEALTH CONDITIONS.
EXECUTIVE DIRECTOR LETTER

First Descents kicked off 2020 with the promise of celebrating a huge milestone in the organization’s history: our 20th anniversary. We were in the midst of launching our biggest program season to date, planning a celebratory Out Living It Festival, and honoring the thousands of young adults who have included us in their healing. Then, the world was hit with a global crisis that we continue to feel the impacts of today. As we made the necessary decision to cancel all scheduled programs and events, we looked for new ways to be of service to our community. While this year was certainly one of the most difficult on record, it has also been a powerful reminder of the grace, grit and gratitude our participants have always shown.

The COVID-19 pandemic presented us with a unique opportunity to serve a population that has long supported the mission of First Descents. Together, we all watched as healthcare workers took on the fight of their lives. In response, we launched Hero Recharge, a nationwide series of free outdoor adventures for frontline healthcare workers, in partnership with The Dunkin Joy in Childhood Foundation. With over 10,000 inquiries received in a matter of weeks, the need for respite and renewal was clear. Even more apparent was the toll the pandemic was taking on provider mental health, with over 50% of healthcare workers reporting symptoms of depression, anxiety, and insomnia. In 2020, First Descents delivered 13 programs to serve 178 frontline workers from some of the hardest hit regions of the country, once again highlighting the potential for adventure to help heal.

Meanwhile, our Oncology and MS communities continued to stoke the flames that keep the First Descents fire burning bright. Before canceling in-person activities, we provided 30 Oncology and MS programs, providing 273 participant experiences in wild places from Patagonia, Argentina to Crested Butte, Colorado. Beginning in April, we convened for more than 20 virtual programs and monthly meetups, partnered with Lov Yoga on a 9-week yoga series that engaged over 24,500 community members, planned future Out Living It Project adventures, and shared powerful stories of connection and healing while we awaited a brighter horizon. Over this year, we witnessed our participants tap into a community that reminds them every single day they are Out Living It, whether we’re together in person or not. It’s been inspiring to say the least.

Moreover, the courageous members of our community remind us that in every crisis there is an opportunity to bring about profound personal growth and change. As is the case with our organization... The circumstances of the pandemic and the growing undertow of social unrest have amplified the pervasive issues of systemic inequality. And while First Descents has had a long-standing commitment to justice, equity, diversity and inclusion (JEDI), we’re just getting started on this much longer journey. To join us, and help guide our efforts, we established our JEDI Advisory Council, composed of diverse business leaders, educators, and advocates dedicated to building and maintaining an inclusive FD community and mitigating barriers to entry in healthcare and the outdoors.

2020 has been the ultimate first descent, full of rapids we’ve never encountered before. Together, we are braving it with optimism, support and a spirit for adventure. I have never felt more moved by the resilience of this community, nor more confident in the promise of more healing adventures in our future.

Thank you for your continued friendship and support. Here’s to calmer waters and Out Living It together again before long.

- Ryan O’Donoghue, CEO
When COVID-19 hit Denver in late March, causing the near-term cancellation of core First Descents (FD) programs and events, and a pivot to full-time HQ staff working remotely, FD began to assess the opportunities available to leverage infrastructure and skilled staff to temporarily support front-line crisis relief efforts. In partnership with the Wend Collective, FD was able to effectively dedicate sufficient time and resources to service-driven COVID-19 relief efforts in our local communities. Over a month long period, seven full-time First Descents staff volunteered their time to serving thousands of people in our local community.

"Volunteering has quickly become the thing I most look forward to in my week. It’s difficult to feel like our actions are meaningful during these times, and contributing to my community helps me find that feeling."

- FD Staff Member

"The biggest takeaway...is that The Action Center and the incredible people who work there are providing essential services that help thousands of people in need survive this pandemic and hold onto some sense of normalcy in these uncertain times. During our month volunteering at The Action Center, we’ve helped serve over 1,640 households through their drive-up food distribution program. I feel honored to have had the chance to be a part of that."

- FD Staff Member
Nursing always felt natural to me. It challenged me mentally, allowed me to connect with others, and taught me to work as a team. I never expected that the things I loved about nursing would be thrown at me sideways in a global pandemic.

Working in the COVID-19 ICU forced all of us to adapt to the challenges of an unknown disease to provide nursing care under chaotic, unforeseen conditions. Connecting with patients became more difficult under the layers of PPE. Not to mention the fear of putting your own health at risk every time you stepped into a COVID-19 patient's room. Facing the unknown trajectory of a disease bonded those of us in COVID-19 care units in ways we never imagined.

On top of it all, during this time I was receiving updates about my uncle who was hospitalized for COVID and ultimately passed away in the first month of the pandemic. Each night I showed up to care for my patients alongside my coworkers, while coming to terms with the loss of a family member in the most difficult months of my nursing career yet.

With quarantine and lockdown measures in effect, we were left to deal with the trauma of each day mostly on our own.

But in August 2020, I came across First Descents who offered me a way to get back outside and safely connect with others on the frontlines in Colorado. Getting outside to breathe the fresh mountain air is the best reminder of just how lucky I am to be healthy in the middle of a pandemic. The Hero Recharge Program not only let me explore the Colorado outdoors in new ways through rock climbing and mountain biking, but it allowed me to start processing the emotions I suppressed while working on the COVID-19 frontlines. Connecting with other frontline workers was an invaluable experience but it felt even more impactful to process and heal together while we explored the Rocky Mountains. First Descents provided an outlet for healthcare workers to begin the process of healing ourselves from a trauma we couldn't acknowledge while working on the frontlines.

As a night shift nurse, each morning in the hospital I look forward to the sunrise. It's a way to connect to nature in a small way while in the confines of a hospital. Taking the pandemic one day at a time has made the past year feel like ten, and still it continues. The healthcare community is beginning to resign ourselves to the fact that COVID-19 will be around longer than any two week quarantine initially predicted. This year, we've seen and experienced more heartbreak, loss, isolation, confusion, and separation than we expected to see in a lifetime. While First Descents provided me a place to begin my healing journey, it isn't over yet.

To support healthcare workers, reach out and offer information about programs like First Descents. Meet a healthcare worker where they're at and remind them that getting outside to experience the fresh air can turn a whole day around. Together, we're all just trying to make it one day at a time.

Shannon “Soundwave” Basara, First Descents Hero Recharge Participant
“In 2020, our team, like many of you, watched as healthcare workers took on the most challenging fight of their lives and experienced unprecedented rates of anxiety, depression, insomnia, and more. That’s why we felt called to partner with First Descents and support our healthcare heroes. Together, we launched HERO RECHARGE, a nationwide series of free outdoor adventure programs for healthcare workers on the COVID-19 frontlines, made possible by a $200,000 grant from the Dunkin’ Joy in Childhood Foundation.”

- Dunkin’ Joy in Childhood Foundation

This past year has been difficult for many, but few communities have been more affected than the frontline healthcare workers tirelessly, day after day, caring for us all. That’s why we at the Dunkin’ Joy in Childhood Foundation are deeply committed to supporting healthcare workers through the COVID-19 pandemic.

At the Foundation, our mission is focused on bringing joy and creating impactful change at the local level. In 2020, our team, like many of you, watched as healthcare workers took on the most challenging fight of their lives and experienced unprecedented rates of anxiety, depression, insomnia, and more. That’s why we felt called to partner with First Descents and support our healthcare heroes. Together, we launched HERO RECHARGE, a nationwide series of free outdoor adventure programs for healthcare workers on the COVID-19 frontlines, made possible by a $200,000 grant from the Dunkin’ Joy in Childhood Foundation.

Through HERO RECHARGE, First Descents was able to provide healing adventures to 178 participants across 13 programs from 6 of the hardest hit regions in the country. We’re honored to continue serving future participants in the year ahead through our grant, and we’ve seen the impact of these programs from participants that continue to affirm the need for these programs. Most inspiring was receiving notes like this:

“I felt a renewed sense of purpose in my work after coming home from FD. I felt more relaxed and ready to take on the day than I had before. I did not realize how tired I was of doing the same thing every day for nearly a year.”
- First Descents HERO RECHARGE Participant

First Descents is proving that adventure and time spent connecting with your peers is healing for everyone. We are proud to support their mission to bring the healing power of adventure to those in need.

- Dunkin’ Joy In Childhood Foundation
Cancer is the leading disease-related cause of death in adolescents and young adults (AYAs).

MS is the most common neuroinflammatory disease affecting young adults.

Cancer, MS, and all serious health conditions present unique challenges and obstacles to young adults.

**Problem**

- 80,000+ adolescents & young adults are diagnosed with cancer each year
- Minimal peer support
- Rare and aggressive tumor biology
- Lack of participation in clinical trials
- Disrupts normative milestones of adulthood
- Higher rate of depression and psychosocial distress in young adults impacted by MS and cancer

**Obstacles**

**FD Program Outcomes**

- 100% of participants reported increased ability to cope with cancer and its effects
- 81% reported increased self-efficacy
- 99% of participants want to stay involved
- 17% TO 7% participants who reported feeling depressed before and after first descents

Learn More
In 2020, the world watched as doctors, nurses, and first responders addressed the most devastating health crisis of our generation experiencing increased rates of trauma, anxiety, stress, and isolation. In response to the COVID-19 pandemic, First Descents launched Hero Recharge, a nationwide series of outdoor adventure programs for frontline healthcare workers, in partnership with the Dunkin’ Joy In Childhood Foundation. Hero Recharge Programs are designed to improve mental health, nurture supportive peer relationships, and better position providers to carry out their important work.

“One thing this pandemic has taught me is that when things get tough there's power in people rallying behind the same common struggle. My FD experience reminded me of that. I connected with people I probably never would’ve been friends with in real life but we had a shared common experience of dealing with this pandemic we healthcare workers and we all connected behind that. I feel rejuvenated and more equipped to interact with people on a daily basis”

- FD Hero Recharge Participant

13
HERO RECHARGE PROGRAMS RUN IN 2020

178
PARTICIPANTS SERVED

6
OF THE HARDEST HIT AREAS SERVED
PROGRAM IMPACT

76% of participants reported that their stress and anxiety has decreased as a result of the program.

94% reported feeling more connected to the healthcare community.

99% indicated they would recommend first descents to a fellow healthcare professional.
**Expand Programs**

With more than 640,000 young adult cancer survivors living in the U.S., First Descents (FD) will expand programs to improve survivorship and quality of life. Further, FD will explore and develop programs for young adults coping with other health conditions.

**Build Community**

Young adults coping with health conditions often experience feelings of isolation and alienation. FD will strengthen local adventure communities and nurture supportive peer relationships that provide ongoing healing.

**Prescribe Adventure**

Hospitals often lack age-appropriate psychosocial survivorship programs for young adults. FD will build upon its network of healthcare professionals to reach more young adults earlier in the treatment process.
In 2020, First Descents continued working to reach those traditionally underserved within the young adult oncology and MS communities during a global pandemic, while we concurrently launched programs for healthcare workers on the COVID-19 frontlines. The chart below highlights the ethnic background of 2,578 participant inquiries from 2020, which represents First Descents’ most diverse participant base to date.

In 2020, First Descents assembled a diverse group of business leaders, educators, and advocates to further support our commitment to justice, equity, diversity and inclusion (JEDI). The JEDI Advisory Council’s major function is to share knowledge while helping to assess and improve FD’s JEDI policies in the workplace and the communities we serve. At the same time, First Descents continued our commitment to JEDI, including the following milestones:

Revised data collection, surveys, and measurement and evaluation processes to inform future strategy, with the goal of increasing program inclusivity.

Expanded the Out Living It Project and introduced Virtual Programming during the pandemic to lower barriers to entry for participants and support communities who were disproportionately impacted by the pandemic.

We launched Hero Recharge, a nationwide series of programs for healthcare workers, which increased self-reported ethnic diversity amongst participants by more than 16% as compared to 2019, representing the most diverse participant base in FD’s 20-year history.
Our Growing Impact

Experiences Provided

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*As a result of COVID-19, First Descents suspended 85% of in-person oncology and multiple sclerosis programming. Originally, First Descents planned to provide 2,000 outdoor experiences across 220 programs nationwide. 2020 numbers also represent 178 healthcare workers served across 13 Hero Recharge programs.
At First Descents, we do not promote any singular “diet”. Our menus emphasize delicious and satisfying ways to get more plants to the center of the plate, including a variety of vegetables, fruits, whole grains, beans, legumes, nuts and seeds. We also include quality organic animal protein as an option.

To lower participant risk and limit travel at 2020 Programs, First Descents partnered with local caterers and restaurants to prepare all meals for our participants providing a unique opportunity to contribute to local economies in the regions we host programs.

“Eating and sharing healthy meals has become a cornerstone of FD programs. Our ultimate goal is to educate and to inspire healthy eating to improve health outcomes. On programs, professionally trained chefs prepare healthy meals, focused on fresh whole foods so that everyone is nourished, energized and able to make the most of their program experience and beyond. For us, this is an opportunity to share the healing power of food and have participants observe how this affects their bodies.”

Mia “Veggetti” Lewis, FD Chef Manager

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31
FD CHEFS & LOCAL CATERING PARTNERS

$9,219
INVESTED INTO THE LOCAL ECONOMY THROUGH 2020 PROGRAM CATERING
First Descents partners with medical centers and healthcare organizations nationwide to provide opportunities for young adult patients, caregivers and providers to attend our outdoor programs. Through the Prescribe Adventure campaign, FD engages healthcare partners and equips them with the resources they need to empower young adults to connect with their peers through community and adventure. Research shows that our programming improves psychosocial outcomes including body image, self compassion and self esteem, as well as reduced alienation, depression, and fatigue among FD participants. In 2021, First Descents will also partner with the National Institutes of Health (NIH) to study the impacts of FD Programming on stress, burnout and fatigue in frontline healthcare workers during the COVID-19 pandemic. Below are just a few of the incredible medical centers and organizations with whom we partner to Prescribe Adventure.

850+
HEALTHCARE PROFESSIONALS ENGAGED THROUGH PRESCRIBE ADVENTURE

450+
MEDICAL CENTERS AND HEALTHCARE ORGANIZATIONS REFERRING PATIENTS
In 2020, First Descents launched the Out Living It Project Adventure Creation Platform to provide support and resources to allow the FD community to safely plan adventures on their own. While many of our Core Programs and OLIP Team Events were postponed due to COVID-19, First Descents created the Adventure Creation Platform to empower participants to gather their FD Community and take Out Living It into their own hands. Through OLIP Adventure Creation, participants gain access to resources like training plans, vetted outfitters, lodging info and other exclusive FD deals in addition to hands on planning support from our team.

Starting the OLIP Adventure Creation platform has been exciting as we’ve been able to give program alumni individualized support in a number of ways. Whether it’s gear advice, logistics support, training plans or simply pointing them to a vetted outfitter - it’s been incredible to see how our community has been empowered to take on new adventures, push their limits, and continue their ‘Out Living It’ journey!

- Andrew Coulter
Out Living It Project Manager
### Board of Directors

**Founder** Brad “Man Salmon” Ludden  
**Chairperson** Brent “Sunday” Goldstein  
**Vice-Chair and Secretary** Debbie “Zipper” King Ford  
**Treasurer** Michael “Volcano” Kantor  
**Medical Director** Larry “Larry Boy” Smith  
Josh “Bear” Behr  
Alix “Snooki” Berglund  
Brad “Uncle B” Reiss  
Dr. Brandon Hayes-Lattin  
Jeremy Shevlin  
Joel “Fuji” Appel  
Kammi “FM” Reiss  
Kip “Wombat” Cross  
Tanum “UniKitty” Davis Bohen  
**Honorary Director** Brad “Uncle B” Reiss  
**Director, In Memoriam** Rochelle “Hefty” Shoretz

### Staff

**Founder** Brad “Man Salmon” Ludden  
**Executive Director** Ryan “Wolf” O’Donoghue  
**Chief of Staff** Melissa “Master Splinter” Markle  
**Director of Programs** Mackenzie “Spudz” McGrath  
**Senior Programs Manager** Paul “Crash” Kelly  
**Program Manager** Brooke “Noodles” Barry  
**Program Manager** Alex “Peaches” Krahn  
**Program Coordinator** Riley “Chum” Schumm  
**Program Coordinator** Kate “Lil Mo” Medici  
**Program Coordinator** Angelina “Katniss” Mangiardi  
**Program Coordinator** Jason “Buck” Eshleman  
**Director of Advancement** Ray “Fridge” Shedd  
**Senior Marketing Manager** Becca “Turtle” Rohrer  
**Marketing Coordinator** Anna “006” Kenyon  
**Development Officer** Emma “Piano Pat” Burick  
**Development Coordinator** Andrew “Tops” Coulter  
**Healthcare Partnerships & Recruitment Manager** John “Fever Dog” Scheid  
**Director of Finance and Operations** Adam “Toby” Schuster  
**Global Experience Developer** Willie “Sweet D” Kern
In 2020, our generous community generated more than $5.36 million representing a banner fundraising year.

In recognition of our financial transparency, Guidestar awarded FD with its coveted platinum ranking.

For full financials, please visit www.firstdescents.org/financials
TOTAL REVENUE
$5,362,098

GRANTS + CONTRIBUTIONS
$5,145,442

IN-KIND CONTRIBUTIONS
$178,259

OTHER
$38,396

For full financials, please visit www.firstdescents.org/financials
64% of 2020 expenses were allocated to programs, providing 410 unique adventure experiences.

For full financials, please visit www.firstdescents.org/financials
Always Keep Pedaling Foundation
  Amy Lin
  Anonymous
  Brent & Lisa Goldstein
  Cathleen Robinson
  Chad McWhinney
  Debbie King Ford & Rob Ford
  Eva Ho
  Grady Durham
  James & Crystal Dean
  Jennifer Feikin
  Joel & Tiffany Appel
  Joel & Tiffany Appel
  Joie McWhinney
  Kirk MacKenzie
  Kip Cross & Jessica Martin
  Kirk MacKenzie
  Katherin & Doug Milham
  Katie & Tom Morgan
  Kip Cross & Jessica Martin
  Kirk MacKenzie
  Michael & Mia Kantor
  Michael & Violet Gross
  Mindy Boyum
  Nancy Oaks
  Prather’s Market
  Rich & Diane Easton
  Rise Above It
  Wacky Warriors

Anna “Snoop” Noland
  Ben & Julie Wright
  Brad Ludden
  Brent & Lisa Goldstein
  Greg McFadden
  Gutkin Family
  James & Crystal Dean
  Jamie “Alpha” Stec
  Jason & Laura Minard
  Jennifer “Galaxy Girl” Jackson
  John Ourisman
  Kelly Hoffman
  Lois & James Benfield
  Paul Fraynd & Katie “Emoji” Doble
  Paul Johnson
  Susan Doran
  Theresa Wilson
  Timothy Sheets
  Travis Stover
  Will “Stand Up” Flanary
  Zach Calkins

Chad McWhinney
  Joel & Tiffany Appel
  Kirk MacKenzie
  Sandy & Joe Samberg
  Rise Above It

Alix & Hans Berglund
  Brent & Lisa Goldstein
  Jennifer Mills
  Kevin & Whitney Zimmerman
  Mark & Marshall Stockseth
  Nancy & Rob Samit
  Penni Thow
  Rita Lamoureux
  Sandy & Joe Samberg
  Shine Foundation
  Wacky Warriors
$100,000 +
Anonymous
Genentech
Gilead Kite Pharma
Joy in Childhood Foundation
Michael & Violet Gross
Omaze
VF Foundation
Wend II, Inc.

$50,000 — $99,999
BasePoint Foundation
Chad McWhinney
Joel & Tiffany Appel
Kirk MacKenzie
Sandy and Joe Samberg
The Offield Family Foundation

$25,000 — $49,999
Anahata Foundation
Anonymous
Anonymous
Daiichi Sankyo Inc.
EMD Serono
Grady & Lori Durham
Jon & Mindy Gray Family Foundation
Kimbal & Christiana Musk
Pete Rive & Natasha Dvorak
Scott Lynes
Tanum Davis & Sean Bohen
The Beacon Fund, LLC
The Char and Chuck Fowler Family Foundation
The Tappan Easton Foundation
Tom & Angela Civik
Wacky Warriors

$10,000 — $24,999
Anonymous
Antonio & Sabrina Gracias
BBVA Compass
Billy Horschel
Brent & Lisa Goldstein
Cathleen Robinson
Chuck Ludden
Foundation Medicine, Inc.
Jim Berger
Jose Perez
Kathleen MacKenzie
Ken deLaski
Mark & Marshall Stockseth
Mellam Family Foundation
Michael & Mia Kantor
Nancy Oaks
Penni Thow
RK Foundation
Rod & Linda Gray
Samit Family Foundation
Seattle Genetics
Servier Pharmaceuticals LLC
Shawn and Richard Tomassello
Shine Foundation
Soul Ryeders Foundation
Takeda Pharmaceuticals
The Behr Team
The Precourt Foundation
Triford Foundation

$5,000 — $9,999
Amy Lin
Anonymous
Barbara McCafferty Family Foundation
Brandon Hayes-Lattin
Charles River Apparel
Christman-Horvath Foundation
Clif Bar Family Foundation
Donald S. Sias Fund
Emmett Foundation
Epperson Family Foundation
Five Prime Therapeutics
Gary & Christine Musket
Gary Rohr
Hans & Alix Berglund
Jack & Amanda Rohr
Jean DiNatale
Jennifer Mills
Jeremy & Sandra Shevlin
Joel Heath
Katherin & Doug Milham
Katie Morgan
Kevin & Elizabeth Keating
Kim Metcalf
Kip Cross & Jessica Martin
LBD Foundation
Lyndon Rive
Mackenzie McGrath
mAss Kickers Foundation
Medidata Solutions
Mike Arzt
Rich Byrne
Russell & Sara Hirsch
Tim & Diane Parks
University of Victoria Student Societ
Vail Valley Surgery Center, LLC
Vicki Gross & Jonathan Levine
William Newton Jr. and Anne French
Charitable Lead Annuity Trust
Yeti Cycles
Howard Postal
Epperson Family Foundation
The Howard Family Fund
Thomas Oldre
COGO Labs, INC
Fifth Generation Inc.
Guaranty Bank and Trust Company
Beverage Distributors Company, LLC
The Kane Family
Community Foundation Boulder County
Emmett Foundation
James and Carolyn Brett Charitable Foundation
$2,500 — $4,999
Allen Lund Company
Ben & Shirley Eisler
Breckenridge Brewery
Bryan McKenzie
Chris Andrews
Doris Cordova
E.H. and M.E. Bowerman Advised Fund
Fairplay Markets LLC
Frank Phillips
Harmon Foundation, Inc.
James & Crystal Dean
James & Lois Benfield
James Berger
Jeffrey and Sara Biskup
Jeffrey Hoffman
Jennifer Toll
Jenny & Greg Baldwin
Julie Uspal
Katherine Estes Rogers Foundation
Kathy Elsesser
Kristin L. Gardner Foundation
Kurtz Fargo
Launch Pad LLC
Marc & Carel Slatkoff
Michael & Karen Standish
Monarch Mountain Investment Group
Nancy E. Barton Foundation
Patrick Currie
Peer Assistance Services, Inc.
Renee Noland
Terry McNamara
The Omidyar Group
TransRockies Race Series
Trevor Stern
Von Jones
Waldron Charitable Fund

$1,000 — $2,499
ACV Auctions
Allen Martin
Ashley Whitaker
Bailey Family Foundation
Barr Engineering Co.
Barry & Marilyn Goodman
Bill & Melinda Gates Foundation
Bill & Sarah Ross
Bob and Kim Hammer
Bruce & Ellen Winston
Bryan Mattson
Cathy Edson
Chahel Investments Inc
Charles Gravely
Charles Johnson
Charlotte & Chuck Fowler
Christopher Becker
Christopher Watson
Daniel Kaufman
Dave Cole
David Denaci
David Magstadt
David Turnbull
David Weaver
Debbie Gray
Diana Price Fish Fund
Dick & Jimmie Ruth Evans
Dorothy Williams
Doug & Katherine Milham
Drew Fink & Daniela Uribe
Ellen Sinkinson
Emma Griffith
Eric Fretz
Fifty-Nine 22 MLK
Greg Baldwin
Gregory Basara
Gretchen Yengst
H.C George Wong
Hannah Kroll
Harold & Marilyn Melcher Foundation
Haymakers For Hope, Inc.
Helene & Andrew Glick
HMP Communications, LLC
Iscella Macias
James and Carolyn Brett
James Becker
Jan Serota
Jason & Mary Minard
Jennifer Jackson & Kristopher Cumbermack
Joan & Gene Walsh
John & Liz Ridyard
John McMahon
John Ourisman
Jon Henrichsen
Jonathan Georger
Jonathan Leehr
Justin Bruns
Karen Chakmakian
Katherine Venti
Kathleen Deegan
Katie Ibara
Kelley Bogle Peace
Kerry Siggins
Kevin Connors
Kim Veber
Laura Bacon
Lawrence & Kimberly Weinberg
Lee Lee
Lezley F. Blair
Lisa Ihm
Margot Badenhausen
Marian Dines
Marianne Keating
Marilin & Barry Goodman
Mark Fishman
Mark Kogod
Mark Rees
Marnie & Michael Otte
Mary Caroline Clark
Mary Mayo
Mattison Family Charitable Fund
Mechanicsburg Police Department
Megan Hines
Melanie Andreetta
Melissa Garcia
Melissa Lawrence & Shawn Madden
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